



Maria Angelova, MBA

Creator of The Angelova Method

Disruptor | Speaker | Author | Podcast Host
| Mind-Body Coach

“From the world of societal expectations to the world of living her dreams. From the world of Finance to the world of Movement and Mindset. The true life story of a girl from Eastern Europe who loved movement. She was encouraged to focus on academics and expected to exceed academically. She immigrated to the U.S.A. with her family, graduated with honors, and became a corporate warrior aiming for the CFO seat.

Until one day, she realized that while her life was comfortable, something was missing. She gathered the courage to give up everything she had worked hard to build. She started anew from ground zero to give her heart’s desire a living chance.” Mind & Body: Living with Positivity, Passion and Purpose

Meet Maria Angelova, Founder and CEO of Rebellious Intl and creator of "The Angelova Method". A well-being consultant and a disruptor who champions change in the wellness and fitness industries. Maria believes in personal responsibility for one’s well-being, self-care prioritization, intentional movement and mindset founded on alignment and self-awareness. Maria believes feeling good is key for performance and an essential component of true success.

Through her Mind Body Podcast, social media presence, book and syndicated column, Maria is a courageous voice for change. Expressive and inspiring in settings ranging from hospitals to conference venues, boardrooms to places of worship, Maria is a credible bridge between faith and reason. Her humor, passion and authenticity, in combination with the latest research, make her a compelling speaker and coach. Maria’s playful spirit and personable warmth create a captivating presence. Maria works with C-level executives, successful entrepreneurs, athletes and change seekers. The common trend amongst those who have experienced Maria's programs say her teaching is transformative to their lives.

Prior to Rebellious, Maria was a finance professional with 17+ years of progressive corporate experience in the Telecommunications, Finance and Insurance industries. Maria moved to the US from Bulgaria in 1992. Maria pursued her education at Georgia State University, MBA Finance and University of Georgia, BBA Finance, graduating both summa cum laude.



Let’s connect: 678.358.5700 | Maria@RebelliousStudio.com

